

# Starters

## Rack Of BBQ Ribs

Large portion of pork ribs, slowly cooked and coated in our own BBQ sauce.

£6.95

## Fully Loaded Nachos

Pulled pork, spicy chicken, pepperoni, smoked cheese sauce and melted cheese.

£6.95

## Southern Fried Chicken Strips

Served with bbq sauce and garlic mayo.

£4.95

## Creamy Garlic Mushrooms

Sautéed button mushrooms in a creamy garlic sauce, served on a toasted ciabatta bread.

£4.45

## Brussels Pâté

Traditional smooth pork and liver pâté. Served with a crisp salad, caramelised red onion chutney and toasted bread.

£4.45

## Classic Prawn Cocktail

Atlantic prawns and a crisp fresh salad served with our homemade 'Marie rose' sauce, accompanied with rustic Italian bread.

£4.25

## Homemade Tomato & Basil Soup

Served with rustic Italian bread.

£3.95

Please ask a member of staff for allergy advice

# From The Grill

## 9oz Fillet Steak

Tender and tasty, a prime cut of Beef Fillet cooked on our char-grill, served with a grilled garnish and choice of potatoes.

£22.95

## 24oz Rump Steak

An extra large juicy flavoursome Rump, from the char-grill, served with a grilled garnish and choice of potatoes.

£21.95

## 24oz Mixed Grill

6oz rump steak, 7oz gammon, 5oz chicken breast, 4oz pork loin steak, pork sausages, fried egg, homemade onion rings and mushrooms. grilled garnish and choice of potatoes.

£19.95

## Surf & Turf

From the char-grill our very own 10oz flat iron steak, well-marbled, richly flavoured and juicy, Chef recommends cooking from rare to medium only! Accompanied by whole tail scampi, homemade tartar sauce, grilled garnish and choice of potatoes.

£16.95

## 10oz Sirloin Steak

Tender and tasty, the chefs favourite, from the char-grill, served with a grilled garnish and choice of potatoes.

£14.95

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## From The Grill *Continued*

### Smothered Gammon

14oz gammon topped with tomatoes, pineapple and cheese.  
Served with a choice of potatoes.

£14.45

### 12oz Rump Steak

A large juicy flavoursome Rump, from the char-grill,  
Served with a choice of potatoes and grill garnish.

£13.95

### 10oz Flat Iron Steak

From the char-grill, the flat iron is well-marbled, lean but richly flavoured and juicy.  
Chef's recommendation is best cooked from rare to medium!  
Served with grill garnish and choice of potatoes.

£12.95

### 14oz Horseshoe Gammon Steak

With fried egg or pineapple, or why not have both for 75p extra!  
Served with a choice of potatoes and grill garnish.

£11.95

### Hunters Chicken

Butterflied chicken breast, topped with our own BBQ sauce, smoked bacon and cheese.  
Served with a choice of potatoes.

£10.45

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## From The Grill *Continued*

### Char-grilled Chicken Breast

A succulent chicken breast cooked on our char-grill,  
served with a choice of potatoes

£9.95

### 7oz Gammon Steak

Served with fried egg or pineapple, or why not have both for 75p extra!

£7.95

## Sauces and Seasoning

Cracked Black Peppercorn & Brandy Sauce - £1.95

Garlic, Rosemary & Red Wine Sauce - £1.95

Smoked Cheese Sauce - £1.95

Diane Sauce - £1.95

Blackened Cajun Seasoning - £1.95

Piri-Piri Seasoning - £1.95

All meals from the grill are served with homemade onion rings,  
grill garnish and choice of potatoes.

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# The Mount Burgers

All our burgers are served with coleslaw, garlic mayonnaise and bbq sauce on the side, with choice of potatoes.

## The Mount's Big Stack

Two locally sourced 6oz beef patties, topped with cheese, smoked bacon, BBQ pulled pork, homemade onion rings, and monterey jack cheese  
Served in a brioche bun.

£11.95

## Southern Fried Chicken Burger

Chicken supreme coated in our southern fried recipe, topped with melted cheese, and crisp lettuce. Served in a brioche bun.

£9.95

## 1/4lb Beef Burger

A locally sourced beef patty, topped with monterey jack cheese.  
Served in a brioche bun.

£7.95

## BBQ Chicken Supreme Burger

Our southern fried chicken burger topped with bbq pulled pork, smoked bacon and monterey jack cheese. Served in a brioche bun.

£10.95

## The Mount EVEREST

A double take on our very own 'Big Stack Burger'

£16.95

## Pizziola Chicken Burger

Our southern fried chicken burger topped with slices of chorizo and pepperoni, and melted monterey jack cheese. Served in a ciabatta bun.

£11.50

Why not double your Burger for £3 extra!

Please ask a member of staff for allergy advice



# Fish and Shellfish

## Tempura King Prawns

Butterflied King Prawns deep fried in tempura batter, with a tomato and chilli dressing, served on a bed of salad garnish, and choice of potatoes.

£14.95

## Grilled Salmon

Fresh Salmon supreme, grilled with a little butter and seasoning, served with a salad garnish, and choice of potatoes.

£12.95

## Crispy Battered Cod

Cod fillet in a light crispy beer batter, with homemade tartar sauce, served with peas and choice of potatoes.

£8.95

## Wholetail Scampi

Served with homemade tartar sauce, peas and choice of potatoes.

£9.25

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# Traditional Dishes

## Braised Beef in Red Wine

Tender pieces of Beef braised in red wine, thyme, mushrooms and smoked bacon, served with vegetables and choice of potatoes.

£10.95

## Beef and Guinness Pie

Tender beef pieces marinated in Guinness, cooked in a rich gravy, and topped with a short crust pastry lid, served with vegetables and choice of potatoes.

£10.25

## Traditional Beef Lasagne

Minced beef cooked in our tomato sauce, layered with pasta and béchamel cheese sauce, topped with a blend of mozzarella and cheddar cheese. Served with slices of garlic bread, and choice of potatoes.

£9.95

## Chicken Madras

Diced chicken breast in a medium to hot curry sauce, with fresh coriander, mango chutney, and served with boiled rice, chips or both,

£8.95

## Chicken Tikka Masala

Diced chicken marinated in yoghurt, and spices, cooked with tomatoes and coconut milk, served with mango chutney, poppadum, boiled rice, chips or both,

£8.95

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# Vegetarian Dishes

## Homemade Vegetarian Burger

A flavoursome blend of sweet potato, roast red peppers, spring onion and cajun spiced butterbeans, topped with halloumí cheese, sweet chilli jam and garlic mayonnaise. All served inside a brioche bun, and accompanied by nachos, guacamole, and our very own staple slaw and dipping sauces.

£11.95

## Vegetable Lasagne Verdi

Mediterranean vegetables coated in tomato sauce, layered with spinach pasta, and béchamel cheese sauce, topped with a blend of mozzarella and cheddar cheese. Served with slices of garlic bread and choice of potatoes.

£9.95

## Broccoli Mushroom and Brie Bake

Broccoli and mushroom in a creamy cheese sauce, topped with sautéed potatoes and melted brie.

£9.95

## Vegetable Curry

A medley of vegetables, served in our homemade medium curry sauce, served with boiled rice, chips or both,

£8.95

## Five Bean Chilli

A Mexican five bean chilli, packed with chef's secret flavours, giving the dish a rich, almost meaty character

£8.95

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# Side Orders

## Cheesy Garlic Bread

*Served with homemade smoked cheese sauce*

£3.45

## Garlic Bread

*Served with homemade smoked cheese sauce*

£2.95

## Homemade Onion Rings

£2.95

## Sweet Potato Fries

£3.45

## Homemade Chips

£2.45

## Side Salad

£2.45

## Portion of Seasonal Vegetables

£2.45

*Please ask a member of staff for allergy advice*



# Children's Menu

Homemade Battered Cod Bites

£4.45

Battered Chicken Chunks

£4.45

Cheeseburger

£4.45

Sausages

£4.45

Cheese and Tomato Pizza

£4.45

6oz Rump Steak

£7.95

7oz Gammon Steak

£7.95

5oz Chicken Breast

£6.95

Children's Mild Chicken Curry

Served with rice or chips or both.

£5.45

All above children's meals served with choice of potatoes, beans or peas.  
Includes scoop of ice cream for dessert.  
(Under 12's only)

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# The MOUNT Bar & Grill

## Your Dining Experience

We offer a pleasant full service dining experience, with all drinks and food orders taken at "yours for the evening table"

Our meals are made to order and can take up to one hour to prepare, if this is not acceptable, please tell us now.

Your meal will arrive perfectly prepared by our Head Chef Lee Walters and his team.

If you've enjoyed your meal, please tell your friends, if not then please tell one of our Management team, so we can ensure ongoing perfection with your help.

We hope you enjoy your visit at **The MOUNT Bar & Grill!**

Visit our website at:- [www.themountbarandgrill.co.uk](http://www.themountbarandgrill.co.uk)

All Major debit / Credit Cards accepted

